

# Hip Fracture Summit 2021

## Improving Care & Outcomes

10% card payments discount\*  
15% group booking discount\*\*

Friday 5th November 2021

Virtual Conference

### Chair & Speakers Include:

**Prof Cameron Swift**

*Emeritus Professor, Consultant Physician  
Kings School of Medicine,  
Chair, NICE Guideline Development  
Group for Hip Fracture (CG124)*

**Mr Martyn Parker**

*Consultant Surgeon  
Peterborough and Stamford Hospitals  
NHS Foundation Trust*

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***“Hip fracture is the most common serious injury in older people. It is also the most common reason for older people to need emergency anaesthesia and surgery, and the commonest cause of death following an accident.”***

*National Hip Fracture Database Report*

This important and timely conference will focus on improving care for hip fracture patients – learning from the NHFD findings and improving progress against the NICE quality standard for hip fracture. Through national updates and practical cases studies the conference will highlight best practice in hip fracture care, improving the care pathway and outcomes. The conference will focus on improving assessment, minimised delays to theatre, improving the pathway from falls to theatre changing the role of the emergency department, ensuring hip fracture patients are prioritised for surgery, overcoming contra indications, improving the anaesthetic and surgical pathway, and ensuring prompt mobilisation after surgery. The conference will also look at how we can reduce confusion and delirium following hip fracture surgery as highlighted by the recent NHFD Report:

***“It is too early to examine the impact of Covid-19 in any detail, but it will certainly be considerable. In 2019, just 7.1% of people died in hospital after a hip fracture, but in March 2020 this rose to around 30% for people who already had Covid-19 when they were admitted and for people who developed the infection in hospital.”***

*National Hip Fracture Database Report, January 2021*

***“Covid-19 has had notable effects on the hip fracture care service: hip fracture rates increased significantly... Elderly patients with hip fractures are a particularly vulnerable group during the pandemic... Despite national lockdown and traffic restrictions, the number of older patients with hip fractures significantly increased”***

*Covid-19 pandemic and hip fractures: impact and lessons learned, Bone and Joint Open, September 2020*

### **This conference will enable you to:**

- Network with fellow delegates working to improve services for Hip Fracture
- Learn from the highest performing trusts in the UK as recognised by the National Hip Fracture Database
- Understand and reflect on how you can improve practice, outcomes and reduce mortality locally as a result of NHFD findings released in 2021
- Update your knowledge on national developments and reflect on the challenges of the Covid-19 pandemic
- Reflect on how can we get this patient to surgery? Understanding and reducing medical complications, avoidable inefficiencies and unacceptable reasons for delaying theatre
- Identify key strategies for improving the anaesthetic and surgical care pathway for hip fracture
- Understand on how you can improve care for Hip Fracture patients beyond the hospital setting
- Develop practical strategies for assessing, reducing, recognising and treating delirium and confusion
- Improve physiotherapy rehabilitation after hip fracture: ensuring prompt mobilisation after surgery
- Reduce mortality in the fractured neck of femur pathway
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

**100% of delegates from our last Hip Fracture Summit would recommend this conference to a colleague.**

## 10.00 Chair's Introduction & Welcome

**Prof Cameron Swift** *Emeritus Professor, Consultant Physician, Kings School of Medicine, Chair, NICE Guideline Development Group for Hip Fracture (CG124), Lead/specialist Participation Quality Standard Development, Member, NHTD Advisory Committee*

## 10.10 Improving Hip Fracture Care: Engaging Patients and Older People with Frailty

### Neil Williams

*Chair, National Prudent Healthcare Falls Prevention Task Force (Wales) and Ageing Well in Wales; and Chair, Care and Repair Cymru*

- frailty as a lived experience – listening to older people
- learning from older people's experience of hip fracture

## 10.30 Improving Hip Fracture Care and Outcomes

### Prof Cameron Swift

*Emeritus Professor, Consultant Physician, Kings School of Medicine, Chair, NICE Guideline Development Group for Hip Fracture (CG124), Lead/specialist Participation Quality Standard Development, Member, NHTD Advisory Committee*

- learning from the national database and implementing improvement at a local level
- key recommendations from the National Hip Fracture Database
- monitoring adherence to the NICE Quality Standard: what's working well and what's not?
- identifying variation in length of stay for Hip Fractures
- monitoring the impact in your service
- ensuring that the clinical leadership is in place to deliver and audit high-quality care

## 10.55 Hip Fracture Care and Covid-19: Lessons Learned

**Mohamed Arafa** *Senior Clinical Fellow in Trauma and Orthopaedics*  
**and Dr Samia Nesar** *Orthogeriatric Registrar*  
*Luton and Dunstable Hospital NHS Foundation Trust*

- how do we ensure safety for the frail elderly in our hospitals
- managing patients with hip fracture and Covid-19
- minimising delays to theatre due to medical complications
- lessons learned

## 11.30 Comfort Break & Virtual Networking

**FOCUS: Lessons from the top performing Trust in England in terms of best practice in Hip Fracture as identified by the NHTD**

## 11.45 EXTENDED SESSION: Using National Audit to improve Hip Fracture Care Locally (Pre Recorded Presentation)

### Mr Konrad Wronka

*Consultant Orthopaedic Surgeon, Lead Consultant Hip Fracture Team*

### Mr Jonathan Nicholson

*Lead Consultant Anaesthetist*

*West Suffolk Hospital NHS Foundation Trust*

### with Hip Fracture Team

- meeting the NHTD Key Performance Indicators
- how do you convince your board to give the highest priority to hip fracture patients?
- ensuring the sicker, older, frailer patients are at the top of the surgical list
- how we have reduced delays in surgical operations as a result of avoidable inefficiencies in preoperative planning or in the organisation of theatre lists
- impact of Covid-19: changing practice
- using audit data to monitor care and prompt change
- using RCA to investigate and understand causes of breaches
- teamwork and implementation
- evaluating the impact of service change

## 12.30 Small Breakout Groups

## 12.50 Consilient Health promotional presentation: How does vitamin d deficiency impact healthcare?

### Grant MacCalman

*Healthcare Partnership Manager*  
*Consilient Health*



- vitamin D deficiency has been implicated as a possible risk factor for falls and fractures in the elderly<sup>3</sup>
- over 300,000 patients present to hospitals in the UK with fragility fractures each year<sup>4</sup>
- Around £2 billion in medical and social care costs – most of which relate to hip fracture care<sup>5</sup>

## 13.00 Lunch Break & Virtual Networking

## 13.30 Reducing confusion & delirium following surgery

### Dr Louis Koizia

*Consultant Geriatrician*  
*Imperial College NHS Trust*

- improving routine screening to prevent confusion and delirium following hip fracture surgery
- meeting Key Performance Indicator 5: Not delirious when tested after operation
- improving staff confidence in reducing, recognising and treating delirium

## 14.00 Improving the Surgical Care Pathway for Hip Fracture

### Mr Martyn Parker

*Consultant Surgeon*  
*Peterborough and Stamford Hospitals NHS Foundation Trust*

- improving surgical care for hip fracture
- understanding and monitoring mortality data
- the most important factors in improving outcomes
- hip fracture and the palliative care patient
- our experience

## 14.30 Small Breakout Groups

## 14.45 Comfort Break and Virtual Networking

## 15.00 Improving the response to emergency admissions for Hip Fracture

### Dr Karen Harding

*Consultant Orthogeriatrician*  
*North Bristol NHS Trust*

- improving hip fracture care
- issues which can arise for hip fracture patients as a result of NBHT being a "major trauma unit"
- hip fracture review visits - learning/ideas/common themes emerging from these

## 15.30 The Impact of early mobilisation and improved rehabilitation

### Pip White

*Hip Fracture Rehab Project Lead*  
*The Chartered Society of Physiotherapy*

- delay to surgery and the impact on early mobilisation
- delivering effective physiotherapy and rehabilitation for hip fracture
- supporting people to return to their normal lives

## 16.00 Close

*There will be time for Questions and Answers after each session*

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Friday 5th November 2021, Virtual Conference

Download

10% credit card discount\*  
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Surname

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Organisation

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Email

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Please also ensure you complete your full postal address details for our records.

### This form must be signed by the delegate or an authorised person before we can accept the booking

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### Venue

This virtual conference is run using a live stream on Zoom, interactive breakout rooms, and resources on a secure landing page available for three months after the event.

### Date

Friday 5th November 2021

### Conference Fee

- £295 + VAT (£354) for NHS, Social care, private healthcare organisations and universities.  
 £250 + VAT (£300) for voluntary sector / charities.  
 £495 + VAT (£594) for commercial organisations.

### \* Credit Card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

### \*\* Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

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A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

### Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 10 days after submitting your booking.

### Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email [carolyn@hc-uk.org.uk](mailto:carolyn@hc-uk.org.uk)

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